

Instructions:

- Make folds along points 1, 2 and 3
- Remove backing from sticky tape at B
- Join points A and B making sure to keep the edge flush

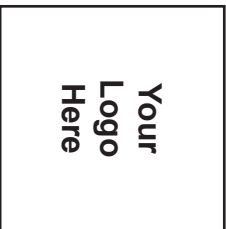
Creating a PDF of your document from InDesign

- From the File menu choose Export, Name your file and select Adobe PDF (print) in the format field. Now click the save button.
- In the Export Adobe PDF General dialog box, select 'High Quality Print' as the Adobe PDF Preset. Then down in the Pages option, change the 'Export As' setting from pages to spreads.
- Next, Select Marks and Bleeds dialog box, tick Crop marks and type 3mm into the Bleed area boxes at the bottom, it will auto fill the rest when you type 3mm into the Top box.
- Select Output and change the Profile Inclusion Policy to: *Don't Include Profiles*.
- Now Click the Export button at the bottom right of the page.

2023

13	06	62	82	12	92	52	06	62	82	12	92	52	13	06	62	82	12	92	52											
42	32	22	12	02	61	81	92	52	42	32	22	12	02	61	81	42	32	22	12	02	61	81								
11	91	51	41	31	21	11	61	81	11	91	51	41	31	21	11	11	91	51	41	31	21	11								
01	6	8	7	9	5	4	21	11	01	6	8	7	9	5	4	01	6	8	7	9	5	4								
3	2	1					5	4	3	2	1					3	2	1												
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DECEMBER							NOVEMBER							OCTOBER																
13	06	62	82	12	92	52	06	62	82	12	92	52	42	32	22	12	02	61	81	11	91	51	41	31	21	11				
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DECEMBER							NOVEMBER							OCTOBER																

13	06	62	82	12	92	52	42	32	22	12	02	61	81	11	91	51	41	31	21	11	01	6	8	7	9	5	4	3	2	1
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AUGUST							JULY							JUNE																
13	06	62	82	12	92	52	42	32	22	12	02	61	81	11	91	51	41	31	21	11	01	6	8	7	9	5	4	3	2	
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APRIL							MARCH							FEBRUARY																
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42	32	22	12	02	61	81	11	91	51	41	31	21	11	01	6	8	7	9	5	4	3	2	1							
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APRIL							MARCH							FEBRUARY																



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